

53RD ANNUAL CONFERENCE OF RESEARCH
SOCIETY FOR THE STUDY OF DIABETES IN INDIA



RSSDI **2025**
KOCHI

6th, 7th, 8th, 9th
NOVEMBER, 2025

**GRAND HYATT,
KOCHI BOLGATTY**

Welcome to God's Own Country
Kerala



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President RSSDI



Dr. Sanjay Agarwal
Secretary RSSDI



Dr. Jothydev Kesavadev
Organising Chairman



Dr. Anuj Maheshwari
Scientific Chairman



Dr. Anita Nambiar
Organising Secretary





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WELCOME MESSAGE

Dear Esteemed Colleagues and Friends,

It is with immense pleasure and great anticipation that I welcome you to the **53rd Annual Conference of the Research Society for the Study of Diabetes in India (RSSDI)**, which will be held from **6-9 November 2025**. This landmark event promises to be a defining moment in the field of diabetes research and care in India. We are delighted to host this prestigious event in the beautiful state of Kerala, at the **luxurious Lulu Bolgatty International Convention Centre, Grand Hyatt, Kochi, Kerala**, a venue that perfectly blends modern sophistication with the rich cultural heritage and natural beauty of God's Own Country.

As we gather together, we are not only marking the progress we've made but also setting the stage for the future of diabetes care- where innovation, collaboration, and a patient-centered approach will drive us toward new frontiers in health. We hope that RSSDI 2025 conference will build on the legacy of bringing together the brightest minds from across the globe to explore the latest scientific advancements, share best practices, and discover new solutions to the complex challenges that diabetes presents.

The choice of Kerala holds special significance as Kerala's growing healthcare infrastructure, coupled with its diverse, vibrant population, offers a unique perspective on the challenges and opportunities in diabetes management. With its serene waterfront location and world-class facilities, the venue will provide a perfect environment for the exchange of ideas and collaboration.

As Organizing Chairman, I am committed to ensuring that this event provides not only the highest level of scientific learning but also an unforgettable experience that reflects the spirit of innovation, community, and excellence.

I look forward to welcoming you to RSSDI 2025 in the enchanting setting of Kerala—a place where tradition meets innovation, and where together, we can make a lasting impact in the fight against diabetes. We eagerly anticipate your active participation and valuable contributions in making the 53rd Annual Conference of RSSDI a resounding success. Together, let us continue to advance the field of diabetes care and work towards a healthier future for all.

Looking forward to welcoming you at RSSDI 2025!



Dr. Jothydev Kesavadev
Organising Chairman
RSSDI 2025



Dr. Anita Nambiar
Organizing Secretary
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Dr. Rafiq Mohamed
Treasurer
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SCIENTIFIC HIGHLIGHTS

Scientific Talks on Diabetes: The Future of Diabetes Management

The RSSDI 2025 Scientific Sessions will feature top-tier Scientific Talks, Symposia, and Panel Discussions on Emerging Trends and Innovations in the World of Diabetes.

Clinical Advances & Therapeutics

Plenary Talk

- Precision Medicine in Diabetes: From Concept to Clinic

Clinical Symposium

- Dual and Triple Agonists: The Future of Type 2 Diabetes Therapy
- Insulin 2.0: Innovations in Basal and Ultra-Rapid Insulins
- The Role of SGLT2 Inhibitors Beyond Glycemic Control

Panel Discussion

- Reversal of Type 2 Diabetes: Myth or Reality?



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Complications & Risk Management

Plenary Talk

- Cardio-Renal Protection in Diabetic Patients: An Integrative Approach

Clinical Workshop

- Silent Dangers: Cognitive Decline in People with Diabetes
- Managing NAFLD and MAFLD in Diabetes
- Diabetic Retinopathy: AI in Early Detection and Monitoring
- Hidden in Urine: Novel Biomarkers for Diabetic Kidney Disease

Science & Research

Plenary Talk

- Beta Cell Preservation and Regeneration Strategies

Research Symposium

- Epigenetics and Early-Life Origins of Diabetes
- Microbiome, Metabolomics, and Metabolic Syndrome
- Glycemic Variability: A Better Marker than HbA1c?



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Lifestyle, Technology & Innovation

Keynote Talk

- Diabetesity: Tackling the Dual Epidemic with Lifestyle Medicine

Interactive Workshop

- Exercise as Medicine: Individualizing Physical Activity for Glycemic Control
- Plant-Based Diets and Remission of Type 2 Diabetes

Research Symposium

- Smart Insulin Pens, CGMs, and Artificial Pancreas: What's New in 2025?
- Telehealth in Diabetes Management: Boon or Barrier?
- Gamification in Diabetes Education: Engaging the Next Generation





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Public Health, Policy & Special Populations

Plenary Panel

- Diabetes in the Developing World: Challenges and Opportunities

Policy Forum

- Bridging Gaps: Rural vs Urban Diabetes Care in India
- Policy Perspectives: Taxes on Sugar and Processed Foods

Interactive Session

- Diabetes in Children and Adolescents: Early Intervention Strategies
- Breaking the Stigma: Psychological Support for People Living with Diabetes

Note: Detailed timings and speaker names will be announced in the final program brochure.





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Recognition

Recognition Of Your
Outstanding Contributions
In Raising Awareness
About
Diabetes In India

Award

The Award Recognizes
those who have gone
above and beyond in
Educating the Public,
Promoting Healthy
lifestyles, and
Advocating for
improved
Diabetes Care

Honour

Join us as we
Celebrate and Honor
these heroes of
Diabetes awareness



53RD ANNUAL CONFERENCE OF RESEARCH
SOCIETY FOR THE STUDY OF DIABETES IN INDIA

RSSDI **2025**
KOCHI

6th, 7th, 8th, 9th
NOVEMBER, 2025

**GRAND HYATT,
KOCHI BOLGATTY**

***Age limit
Under
40 years***

***Must be
Registered
Member of
RSSDI***

***Must submit
an Abstract
for Oral or
Poster
Presentation***

**ANNOUNCING
TRAVEL**

GRANTS FOR

**Young Researchers &
Healthcare Professionals**

Apply Now

These grants will support travel and accommodation for those selected to present their research findings at the conference

Application Process

Applicants are invited to submit their applications along with their research abstracts through the official RSSDI website.

The selection process will be based on the quality and relevance of the submitted research.



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Accommodation Options Near Kochi

We've partnered with a selection of hotels offering special discounted rates for RSSDI 2025 attendees. Whether you prefer luxury, mid-range, or budget-friendly options, you'll find a range of choices to suit your needs.

★5 Star Luxury Hotels



Grand Hyatt Kochi Bolgatty

Panoramic ocean views, multiple restaurants, resort-style amenities; rated "Exceptional" (9.4/10)



Crowne Plaza Kochi (Maradu)

Elegant lobby, poolside relaxation, excellent city views; "Excellent" rating (8.6/10)



Le Meridien Kochi (Maradu)

Multi-level pool, garden surroundings, comfortable club rooms; rating 8.6/10



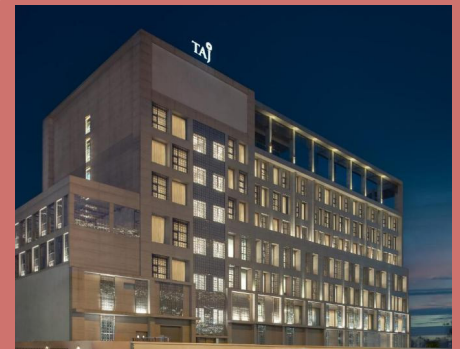
Kochi Marriott Hotel

Premium business and leisure facilities; centrally located



Holiday Inn Cochin by IHG

Five star comfort, multiple dining outlets, located in Kanayannur; rating 8.4/10



Taj Cochin International Airport

Close to the airport, famed for luxurious stays and unmatched hospitality



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★ 5 Star Luxury Hotels



Four Points Sheraton

Modern comfort with lake views, located in the IT hub of Kakkanad.



Taj Malabar

A luxury heritage waterfront resort blending colonial charm with modern amenities. Offers stunning backwater views and world-class spa experiences.



Novotel

Stylish business hotel in Infopark with contemporary design and rooftop pool.



Radisson Blu

Located near Elamkulam metro, offering modern business facilities and fine dining



Courtyard by Marriott - Kochi Airport

Offers 24/7 dining and soundproof rooms for utmost comfort



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★ 4 Star Luxury Hotels



Presidency Kochi City Centre

Business-oriented amenities, outdoor pool, strong reputation



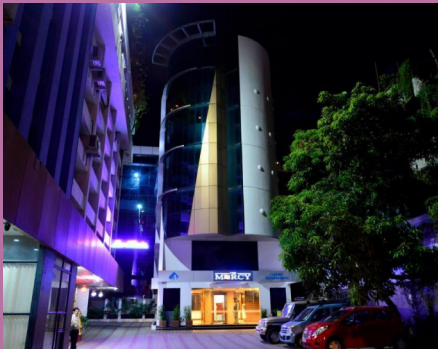
Hotel Abad Plaza

Spa & pool on MG Road, praised for cleanliness and service



Coral Isle (Ernakulam North)

Spa & pool on MG Road, praised for cleanliness and service



The Mercy Luxury Business Hotel

Business-oriented amenities, outdoor pool, strong reputation



Seeb Residency

Good central location, rated 7.7/10



Hotel Luminara

Very good rating (8.1/10), bar and restaurant facility



North Seven

Terrace and free Wi Fi, rating 7.9/10



Port Muziris by Marriott

Art-inspired boutique hotel celebrating local culture and colonial history.



Ginger MG Road

Budget-friendly stay at the heart of the city with smart, compact rooms



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KOCHI BOLGATTY

★ 4 Star Luxury Hotels



Ginger Kalamerry

Affordable accommodation with all essential amenities



Olive Down Town

Premium city hotel on Kadavanthra with rooftop pool and multiple dining options



Marine Inn

Boutique business hotel near the Marine Drive waterfront



Le Meritime

A modern hotel with elegant interiors near Ernakulam town



Starlit Suites

Perfect for extended stays, and corporate travel with ample living space



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The **RSSDI (Research Society for the Study of Diabetes in India)** Conference 2025 is set to be a landmark event, bringing together global experts, healthcare professionals, and thought leaders to share cutting-edge research, breakthroughs, and insights in the field of diabetes care. Hosted in the picturesque city of **Kochi**, this event promises to provide unparalleled learning opportunities and foster collaboration to improve diabetes management in India and beyond.

Kochi - A Jewel on India's Southwest Coast

Nestled along the Malabar Coast in Kerala, Kochi is not just a city—it's a mesmerizing blend of cultures, colors, and coastlines. With its winding backwaters, sun-dappled beaches, colonial architecture, and lush green landscapes, Kochi is where nature's elegance meets human history.

The famous backwaters of Kochi, often explored by houseboats or canoe rides, are tranquil corridors that mirror coconut palms and village life. The sight of Chinese fishing nets swaying over the sea at sunset is nothing short of poetic.

"Kochi is not a destination – It's a feeling that stays with you"





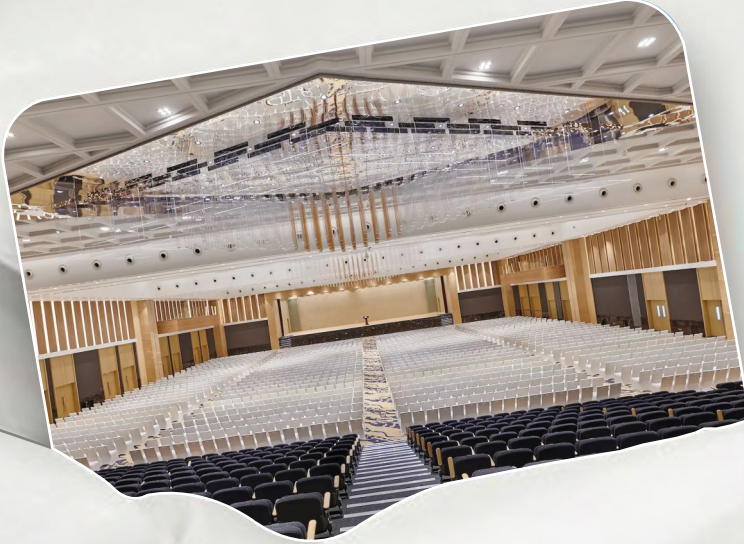
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KOCHI BOLGATTY**



ABOUT VENUE



LULU BOLGATTY INTERNATIONAL CONVENTION CENTRE KOCHI

LBICC - Lulu Bolgatty International Convention Centre, adjacent to Grand Hyatt Kochi Bolgatty is located on the

historic Bolgatty Island and offers 1,00,000 sq.ft of indoor and outdoor meetings spaces. Events can be spread across 30 flexible event venues, with a dedicated team of event planners, wedding specialists and expert chefs offering exemplary service.



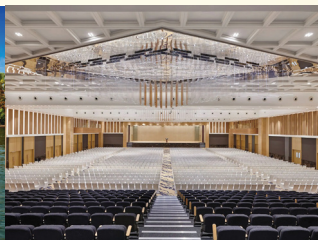
Registration Details

CATEGORY	THIRD SLAB UPTO 01 ST JULY - 31 ST OCTOBER, 2025	SPOT 01 ST NOV, 2025
MEMBERS	₹ 26000	₹ 35000
NON MEMBERS	₹ 34000	₹ 43000
PG STUDENTS	₹ 22000	₹ 30000
DIABETES EDUCATOR & DIETITIANS	₹ 21000	₹ 30000
CORPORATE DELEGATES	₹ 36000	₹ 43000
INTERNATIONAL DELEGATES	₹ 36000	₹ 45000
ACCOMPANYING DELEGATES	₹ 26000	₹ 35000

Registration charges are inclusive 18% GST



**SCAN QR
TO REGISTER
NOW**



Secretariat:

Jothydev's Diabetes Research Centre, Kochi
2nd Floor, Triumph Towers, Seaport -
Airport Rd, Vidya Nagar Colony, Thrikkakara,
Kalamassery, Kochi, Kerala 682021

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